

CV

Personal Information:



First Name: Aida

Sex: Female

Born in: Tehran-Iran

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Last Name: Mehrad

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ResearchGate:

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Google Scholar:

<https://scholar.google.es/citations?hl=en&pli=1&user=jsvgmmIAAAAJ>

Academic Background:

PhD (2011-2015)

Field: Social Psychology / Universiti Putra Malaysia (**UPM**)

Thesis: *Big Five Personality Factors, Emotional Intelligence and Job Satisfaction among Academic Staff of Public Research Universities in Klang Valley, Malaysia*

Dissertation Supervisors: Assoc. Prof. Hanina Halimatusaadiah Hamsan, Assoc. Prof. Haslinda Abdullah, & Assoc. Prof Ma'rof Redzuan

M.Sc. (2007-2010)

Field: Public Psychology/ Islamic Azad University, Roudehen Branch, Iran

Thesis: *Study Relationship between Styles of Conflict Management and Self-Efficiency with Burnout of Governmental Guidance School Managers of Tehran*

Dissertation Supervisors: Prof. Kianoosh Hashemian & Dr. Mina Mojtabaie

B.SC. (2002-2006)

Field: Translation of Italian language

Islamic Azad University, North Tehran Branch, Iran

Publication:

Book:

Mehrad, A. (2016). *Two hundred golden tips for a better life*. Tehran, Azmonyar Pooya

Mehrad, A. (2017). *365 Days: 365 Points to Achieve Peace*. Tehran, Azmonyar Pooya

Mehrad, A. (2018). *Language is an art and you are a virtuoso*, Tehran, Azmonyar Pooya

Paper:

1) Mehrad, A. (2014). Managers' self-efficiency and its effect on Exhaustion at the public schools, Iran. *Journal of Educational, Health and Community Psychology*, 3(3), 19-21.

2) Mehrad, A. (2014). The impact of income on academic staff job satisfaction at public research universities, Malaysia. *Journal of Educational, Health and Community Psychology*, 3(2):23-27.

3) Fallahi, B & Mehrad, A. (2014). Evaluation of national policy about domestic violence against women in Iran. *Journal of Educational, Health and Community Psychology*, 3(1), 25-30.

4) Hashempour, S., & Mehrad, A. (2014). The Effect of Anxiety and Emotional Intelligence on Students' Learning Process. *Journal of Education & Social Policy*, 2 (1), 115-12.

5) Mehrad, A. & Fallahi, B. (2014). A literature review of leadership styles on job satisfaction among staff's at public educational organizations. *Acta Universitaria*, 24(5), 25-30.

6) Mehrad, A., Tahriri Zangeneh, M. H., Dokoushkani, F., & Razali, A. (2014). Effect of conflict management styles on managers' burnout at governmental guidance schools in Tehran, Iran. *International Journal of Technical Research and Applications*, 2(3), 8-10.

7) Mehrad, A., Hanina, H., & Ma'rof Bin Redzuan. (2014). A mini review of conflict management styles in workplaces: The significance of community psychology approach. *J. Appl. Sci. & Agric.*, 9(2): 669-673.

- 8) Dokoushkani, F. Moradi, B. Mehrad, A. Razali, A. & Ostadagha, M. (2014). Relationship between environmental aspects of housing welfare and residential satisfaction, *International Journal of Technical Research and Applications*, 2(1):36-40.
- 9) Mehrad, A., Halimatussadiah, H., Marof, R., & Abdullah, H. (2015). Mediation effect of emotional intelligence on the relationship between consciousness and job satisfaction among academic staff of Malaysian universities. *Journal of social sciences research*, 7(2):1332-1338.
- 10) Mehrad, A. (2015). Role of Herzberg motivation-hygiene theory on explanation of job satisfaction among staff at organization. *International Journal of Information Research and Review*, 2(12), 1491-1492
- 11) Mehrad, A. (2015). Role of demographic factors on academic staff job satisfaction in Malaysian universities, *International Journal of information research and review*, 2(10), 1259-1262.
- 12) Mehrad, A. (2015). Job Satisfaction amongst Academic Staff: A literature Review. *Journal of Educational, Health and Community Psychology*, ISSN: 2088-3129
- 13) Mehrad, A., & Fallahi, B. (2015). The Effect of Income on Job Satisfaction and Residential Satisfaction: A Literature Review. *Journal of Educational, Health and Community Psychology*, 4(1), 48-51
- 14) Mehrad, A. (2015). Conflict Management Styles and Staff Job Satisfaction at Organization. *Journal of Educational, Health and Community Psychology*, 4(2), 86-93.
- 15) Mehrad, A., & Tahiri Zangeneh, M. H. (2015). Women in modern society and job difficulties. *Journal of Educational, Health and Community Psychology*, 4(2), 81-85.
- 16) Mehrad, A., Halimatussadiah, H., Marof, R., & Abdullah, H. (2015). The Effect of Gender on Job Satisfaction of Academic Staff in Malaysian Public Universities. *Journal of Educational, Health and Community Psychology*, 4(2), 56-61.
- 17) Razali, A., Razali, N. A., Dokoushkani, F., & Mehrad, A. (2015). Recidivism and quality of life among former drug addicts: a report based on prior studies. *Journal of Social Sciences*, 3, 44-49.
- 18) Fallahi, B., & Mehrad, A. (2015). A review of housing and job satisfaction and its link to life happiness. *Journal of Counseling and Education*. 4(2), 40-50
- 19) Fallahi, B., Mehrad, A., & Rahpaymaelizehee, S. (2015). The barriers of women's management in top positions regarding to job satisfaction. *Journal of Research on Humanities and Social Sciences*, 5(5), 54-57.
- 20) Mehrad, A., Halimatussadiah, H., Redzuan, M. B., & Abdullah, H. (2015). The role of personality factors on job satisfaction among academic staff at public research university. *Journal of Educational, Health and Community Psychology*, 4(1), 16-29.

- 21) Mehrad, A., Halimatussadiyah, H., Redzuan, M. B., & Abdullah, H. (2015). Relationship between Reward and Emotional Intelligence of Academic Staff at Malaysian Public Universities. *Journal of Educational, Health and Community Psychology*, 4(1), 11-15.
- 22) Mehrad, A. (2016). Effect of external factors on staff job satisfaction at organization. *The online Journal of Counseling and Education*, 5(2), 14-22.
- 23) Mehrad, A. (2016). Job satisfaction and employee`s self-schema at workplace: A literature review. *Journal of Education, Health and Community Psychology*, 5(3), 47-55.
- 24) Mehrad, A. (2016). Mini Literature Review of Self-Concept. *Journal of Educational, Health and Community Psychology*, 5(2), 62-66.
- 25) Mehrad A., Zangeneh M. H. T. (2017). Different levels of job satisfaction by educational organization motivators, *Open Science Journal*, 2(2), 1-6.
- 26) Gholizadeh, A., Khabiri, K., Ghadimi, B., Mehraein, S., & Mehrad, A. (2017). The Role of Cultural Capital Sports Oriented on Workers' Participation in the Newspaper in Tehran, Iran, *Journal of Educational, Health and Community Psychology*, 6(3), 60-67.
- 27) Salemi khozani, M., Khabiri, K., Ghadimi, B., Mehraein, S., & Mehrad, A. (2017). (27 The Comparison of Aggression between Professional and Semi-Professional Male Taekwondo Athletes in Isfahan, Iran. *Journal of Educational, Health and Community Psychology*, 6(2), 34-45.
- 28) Khabiri, K., Ghadimi, B., Mehraein, S., & Mehrad, A. (2018). Relationship between Social Identification and Sport Participation amongst Staff of Developmental and Maintenance of Sports in Iran. *Journal of Educational, Health and Community Psychology*, 7(2), 50-56.
- 29) Mehrad, A. (2018). Appraise to Social Psychology, Structuralism, Behaviorism, Gestalt Psychology, and Psychoanalysis. *Acad. Res. J. Psychol. Counsel.* 5(1), 1-4.
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Presentation: (Conferences)

- 1) Mehrad, A., Mojtabaie, M., & Hashemian, K. (2010). Study Relationship between Styles of Conflict Management and Self-Efficacy with Burnout of Governmental Guidance School Managers of Tehran. 4th National Conferences of Psychotherapy and Society, Islamic Azad University, Roudehen Branch, Iran. **(Presented as Poster)**
- 2) Mehrad, A. & Hanina H. Hamsan. (2013). Study Styles of Conflict Management and Self-Efficacy with Burnout Principles of Governmental School, Proceedings of the international Conference on Psychology in Health, Educational, Social, and Organizational Settings 2013. (ICP-HESOS 2013). **(As Presenter and Moderator)**

3) Razali, A., Dokoushkani, F., Razali, N. A., & Mehrad, A. (2014). Relapse and quality of life among former drug abuse. The International Drug Prevention and Rehabilitation Conference (Prevent 2014). Proceedings of PREVENT 2014. University of Science Islam Malaysia (USIM), 15-16 October 2014 (**As Presenter**).

4) Mehrad, A. (2014). Relationship of self-efficiency and management burnout at public guidance schools in Tehran, Iran, Proceeding of the International Conference on Human Sciences and Education (ICHE 2014), Kuala Lumpur, Malaysia, March 24-25, 2014. (**As Presenter**)

5) Mehrad, A., Tahriri Zangeneh, M. H., Dokoushkani, F., & Razali, A. (2014). Effect of conflict management styles on managers' burnout at governmental guidance schools in Tehran, Iran. Proceeding of the International Conference on Business Innovation, Economics, Law, Social Science, & Humanity, Kuala Lumpur, Malaysia, 18 June, 2014. (**As Presenter**)

6) Mehrad, A., Hanina, H., Ma'rof, R., & Haslinda, A. (2015). The role of job satisfaction among academic staff at university, proceeding of the 3rd Global Summit on Education GSE 2015 (e-ISBN 978-967-0792-01-1), 9-10 March 2015, Kuala Lumpur, MALAYSIA. Organized by <http://WorldConferences.net>). (**As Presenter**)

Educational Workshop:

1) Attending in “professional conference of psychopathology and social”, 2009 (**Iran**).

2) Attending in “professional conference of psychotherapy and counseling”, 2009 (**Iran**).

3) Attending in “conference of occupational therapy”, 2009 (**Iran**).

4) Attending in “forth conference of family and sexual health”, 2010 (**Iran**).

5) Attending in “forth conference of family pathology”, 2010 (**Iran**).

6) Attending in “forth national conference of psychotherapy and social”, 2010 (**Iran**).

7) Attending in “Draw a Family Workshop” taste based on Luis Corman Model (Iranian Psychological Association of Malaysia (IPAM)), 2014 (**Malaysia**).

8) Attending in “Academic Career Preparation (1&2)”, 2013 (**Malaysia**).

9) Attending in “Thesis Preparation Skills”, 2013 (**Malaysia**).

10) Attending in “Driving Success in Research, Innovation, & Commercialization (UPM-Thomson Reuters)”, 2013 (**Malaysia**).

11) Attending in “Professional Skills Certificate”, 2013 (**Malaysia**)

12) Attending in “Preparation for an Academic Career Workshop”, 2013 (**Malaysia**)

- 13) Attending in “Quality in Postgraduate Supervision Workshop”, 2013 (**Malaysia**)
- 14) Attending in “Participate in Linguistic Study” 2013 (**Malaysia**)
- 15) Attending in “Research Tools (1&2)”, 2013 (**Malaysia**)
- 16) Attending in “Principles of Iran National Music Workshop (ISAM)”, 2013 (**Malaysia**)
- 17) Attending in “Management the Research Journey Workshop”, 2013 (**Malaysia**)
- 18) Attending in “Introduction to quantitative Research Workshop”, 2013 (**Malaysia**)
- 19) Attending in “Structural Equation Modeling (SEM), Using AMOS Course”, 2014 (UPM) (**Malaysia**)
- 20) Attending in workshop “DSMIV-R”, 2014 (**Malaysia**).
- 21) Attending in Workshop “Pre-marriage and Counseling Methods”, 2014 (**Malaysia**)
- 22) Attending in Workshop “Introduction to Qualitative Research”, 2016 (**Malaysia**)
- 23) Attending in Workshop “Leadership in health promotion programs at work”, 2016 (**Spain**)
- 24) Attending in conference of “III Conference on Occupational Health Companies promoting health conditions”, 2017 (**Spain**)
- 25) Attending in the “Mendeley formative session basic institutional (1)” workshop, 2018 (**Spain**)
- 26) Attending in the “Mendeley formative session basic institutional (2)” workshop, 2018 (**Spain**)
- 27) Attending in the “SCOPUS” workshop, 2018 (**Spain**)
- 28) Attending in the “Electoral and public opinion Prediction with social media data” workshop, 2018 (**Spain**)

Working Experience:

In **Culture Industry Makers** as a Translator (English & Italian) (**1 year**) **2007 - 2008**, in **Iran**.

Working as **Freelance** English translator from **2007** till now.

In **IICIC** as a translator (English & Italian) (**1 year**) **2008 – 2009**, in **Iran**.

In Educational Institute (**Mahan**) as an educational counselor and teacher (**2 years**) **2009 – 2011**, in **Iran**.

In University Putra Malaysia as Research Assistance (6 months) **2015 to 2016**, in **Malaysia**.

In University Autònoma de Barcelona (UAB) as Research Assistance from **2016** till now, in **Spain**.

In Educational Center (Azmonyar Pooya) as a Translator and developer psychological questionnaires from **2009** till now, in **Iran**.

In Journal of Educational, Health and Community Psychology as a reviewer from **2016** till now.

In Journal of Social Sciences Research (jjsr) as a Reviewer from **2016** till now.

In International Journal of Educational Policy Research and Review as a reviewer from January **2017** till now.

In Academy of Management Executive as a Reviewer from January **2017** till now.

In Journal of EDUCATION RESEARCH JOURNAL as a Reviewer from February **2017** till now.

In iTrans.ir as translator from March **2017** till now, in **Iran**.

In African Educational Research Journal as a Reviewer from April **2017** till now.

In Omid Arya Morning Advice Institute as Psychotherapist from October **2017** till now, in **Iran**.

In Behjat Abad neighborhood as Psychotherapist from 1th December **2017** to January **2018** (2 months), in **Iran**.

In IJRDO as a Reviewer from January **2018** till now.

In Green Life Institute as *online* Psychotherapist and Family Counselor from April **2018** till now, in **Iran**.

In Success Magazine as Author and Counselor from May **2018** till now, in **Iran**.

Working as Panel Expert in psychology area from June **2018** till now.

In Charismaco Institute as Psychotherapist and Family Counselor from July **2018** till now, in **Iran**.

In Behjat Abad neighborhood as Psychotherapist and Expert from 1th July **2018** to 15th September **2018**, in **Iran**.

In International Journal of Academic Library and Information Science as a Reviewer from July **2018** till now.

At Global Humanistic University as a doctoral student advisor specialized business administration from July **2018** till now, in **Curacao**. (Distance professor tutor)

At Castelldefels School of Social Sciences (C3S) as Professor from September **2018** till now, in **Barcelona, Spain**.

Hospitality Management and Tourism Management

- Travel and Tourism Operations*
- Human Resources Management*
- Strategic Marketing*
- Customer Relationships Management*

At Aspire Business School Barcelona as Professor from September **2018** till now, in **Barcelona, Spain**.

In Dove Medical Press journals as a Reviewer from October **2018** till now.

Language Skills:

English: Fluent in Speaking, Reading, Listening and Writing

Italian: Fluent in Speaking, Reading, Listening and Writing, B.Sc. Translation Italian Language

Spanish: A2

Persian: (Mother Tongue)

Computer Skills:

-Good experience with the following soft wards: Microsoft office (ICDL)

-Familiar with: SPSS, AMOS, Excel

Community Activities:

Member of **Psychological Community** (Islamic Azad University of Roudehen), between 2007- 2010

Member of **Tehran Psychoanalytic Community** (2010 till now)

Member of **Iranian Health Psychology Association** (2017 till now)

Member of **Psychology and Counseling Organization of J.R. Iran** (2017 till now)

Member of **Mental Health Research Network (MHRN) Iran** (May 2018 till now)
